



3rd Annual PUMPKIN RUN 5K RUN & FAMILY-FUN WALK

Saturday, October 15, 2011

10:30 a.m.

Wear your Halloween costume!

Where: USATF-certified 5K course that starts and ends on Spindrift Drive near Main Street in Williamsville, NY (near the National Fuel/Tops complex parking lot).



Registration: Registration can be completed on the [Pumpkin Run's website, www.BuffaloPumpkinRun.com](http://www.BuffaloPumpkinRun.com), or by mailing the entry form.

Post-Race Festival: Family-friendly post-race fall festival featuring awards, food, costume contest, free post-race massages, the Buffalo Jills, Billy Buffalo, music, children's entertainment, activities, crafts, and much more.

T-Shirts: Guaranteed to the first 400 pre-registered participants.

Contact: Bob O'Connor at (716) 783-3356, or roconnor@gateway-longview.org.

Individuals and teams that raise money could **win prizes** like a \$400 gift card or \$100 gift card! Also, wear your Halloween costume, and you could win as well. Details on race website.

Entry Fees:

Runners (All Ages)

\$20 - Pre-registered by 10/12/11 at 5 p.m.; \$25 - Race-Day Registration

Walkers (Ages 13 and Up)

\$20 - Pre-registered by 10/12/11 at 5 p.m.; \$25 - Race-Day Registration

Children (Non-Runners)

Free - Children age 5 and under; \$5 - Children and youth ages 6-12

Post-Race Festival Attendee Only

\$10 - Attendees ages 13 and up

Complete and mail the attached entry form and payment to:

Gateway-Longview
Bob O'Connor
605 Niagara Street
Buffalo, NY 14201

Checks Payable To:
Gateway-Longview Foundation



Proceeds to benefit the disadvantaged children served by Gateway-Longview.

Due to insurance regulations, each individual attendee needs to fill out this form. Additional forms are available on www.BuffaloPumpkinRun.com, or by calling (716) 783-3356.

LAST NAME

FIRST NAME

MI

STREET ADDRESS

TOWN/CITY

STATE

ZIP/POSTAL CODE

AGE

SEX

PHONE NUMBER

EMAIL ADDRESS

(* See Entry Fees for pricing; ** Denotes non-runner pricing)

5K RUN* 2-MILE WALK* (Check One) Post-Race Party Only* # OF CHILDREN 6-12 (\$5**): _____ # OF CHILDREN 5 & UNDER (FREE): _____

T-SHIRT SIZE:

S M L XL
(Circle One)

SIGNATURE

PARENT SIGNATURE (if under 18)

If referred by an employee of Gateway-Longview, please list their name: _____

PSN/BIB (race use only)

In consideration of your accepting this entry and permitting me to attend or participate therein, I for myself, my heirs, executors, and administrators, do hereby discharge Gateway-Longview, Inc., National Fuel Gas Company and its affiliates officers and employees, the race organizers, event volunteers and any and all sponsors and sanctioners of the race for all injuries and losses suffered by me from completing in or attending said event.